

## Editorial

As 2019 draws to a close, this third edition of the Asian Journal of Medicine and Health Sciences brings together an unconventional set of essays that examine not just advances in medicine but also turn an introspective lens on the role of the medical profession within larger social contexts.

As health professionals and future professionals-in-making, the authors in this volume have shone a light on the importance of community health to elevate the larger goal of public health. The review on breast cancer and self-breast-examination is an invaluable topic as breast cancer is the second most common type of cancer in Malaysia; awareness and early self-diagnosis of a lump in the breast therefore is a corner stone in its treatment and prognosis. *H.pylori* plays a key role in upper gastrointestinal diseases including adenocarcinoma of stomach. The authors' attempt to find out the prevalence of *H.pylori* among Malaysian patients undergoing upper GI endoscopy is a step forward in early detection of the organism.

One of the studies in this volume conducts a deep-dive into a worrying spate of occurrences of Dengue among the residents of Kampong Sri. Another study on attitudes toward sexual health among undergraduates in Ipoh, Perak has highlighted the vulnerability of young people to sexual health problems and unwanted pregnancies and calls for early intervention and education on sexual health. Another, examines the effectiveness of Complementary and Alternative Medicine for pregnancy and postpartum care among women who gave birth in a tertiary hospital in Perak and this study underscores the ways in which Complementary and Alternative Medicine is used throughout the lifecycle of

pregnancy and how their use differs with attitudes and demographic factors. An article looks into the quality of life of patients undergoing dialysis due to chronic renal diseases. In keeping with the theme of introspection, one of the pieces in this volume also uses abductive reasoning to highlight ethical challenges faced by medical students.

Further, keeping pace with the advancement in the field of medicine, one author reflects on additive manufacturing for creating 3D images and fabricating different body parts like kidney, blood vessel, skin and heart.

All these pieces offer unique on-the-ground insights not just into the practice of medicine but its interplay with the larger institutional architecture. In addition to encouraging pieces to look inwards towards the medical profession, this edition features new and exciting cases such as rare manifestations of military tuberculosis and a cat scratch leading to reactive arthritis and sporotrichosis.

As always, this has been an exciting volume to curate and it is my hope that you as the reader are as excited to join us in continuing to seek new ideas, dilemmas and solutions.

I offer my heartfelt thanks to all the authors for their contributions to lead AJMHS on the path to success and all the reviewers for their altruistic support in reviewing our articles.

Last but not the least I offer my gratitude and thanks to our beloved Dean, Associate Professor Dr Syed Rahim Syed Hamid for his constant encouragement and support and Associate Editors and few other members of editorial team who had contributed immensely for successful publication of this young journal.

- **Dr Basanta Kumar Mohanty,**  
**Chief Editor, AJMHS**